

Bekker's Catering
Side Dishes :: Allergen Info

| | Gluten | Dairy | Peanuts | Tree Nuts | Eggs | Fish | Shellfish |
|-----------------------------------|--------|-------|---------|-----------|------|------|-----------|
| Acorn Squash w/ Apple Spice Glaze | | X | | | | | |
| Alfredo Sauce | X | X | | | | | |
| Avocado Garden Salad | | | | | | | |
| Baked Potatoes with Trimmings | | X | | | | | |
| Beef Gravy | X | X | | | | | |
| Black Bean and Corn Salad | | X | | | | | |
| Black Beans- Onions & Peppers | | | | | | | |
| Boiled Red Potatoes w/ Butter | | X | | | | | |
| Buttered Peas and Carrots | | X | | | | | |
| Caesar Salad | X | X | | | X | X | |
| Candied Yams | | X | | | | | |
| Caprese Penne Pasta | X | X | | | | | |
| Caprese Salad | | X | | | | | |
| Carrots and Celery w/ Ranch Dip | | X | | | | | |
| Corn on the Cob | | X | | | | | |
| Cornbread | X | X | | | X | | |
| Crispy Potato Chips | | | | | | | |
| French Fries | | | | | | | |
| Fresh Fruit Salad | | | | | | | |
| Fresh Green Beans (cran/almond) | | | | X | | | |
| Fresh Spinach Salad | | X | | X | | | |
| German Potato Salad | X | X | | | X | | |
| Greek Rice | | | | X | | | |
| Greek Salad | | X | | | | | |
| Green Bean Casserole | X | X | | | | | |
| Grilled Vegetables | | | | | | | |
| Guacamole | | X | | | | | |
| Hawaiian Cole Slaw | | X | | | X | | |
| Hawaiian Rice | X | | | | | | |
| Hearts of Romaine Salad | | X | | X | | | |
| Home Style Potato Salad | | X | | | X | | |
| Homemade Bread Dressing | X | | | | | | |
| Homemade Buttermilk Biscuits | X | X | | | X | | |
| Homemade Chili | X | | | | | | |
| Honeyed Baby Carrots | | X | | | | | |
| Kale and Strawberry Salad | | | | X | | | |
| Lush Island Salad Bar | | X | | X | | | |
| Macaroni and Cheese | X | X | | | | | |
| Macaroni Salad | X | X | | | X | | |
| Marinara Sauce | | | | | | | |
| Mashed Potatoes | | X | | | | | |
| Our Famous Baked Beans | | | | | | | |
| Oven Roasted Brussels Sprouts | | X | | | | | |
| Oven Roasted Carrots | | | | | | | |
| Oven Roasted Fresh Asparagus | | | | | | | |
| Oven Roasted Sweet Potatoes | | | | | | | |

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| Pacific Rim Stir Fried Vegetables | X | | | | | | |
| Parmesan Encrusted Zucchini | X | | | | X | | |
| Pasta Salad Vinaigrette | X | | | | | | |
| Penne Pasta | X | X | | | | | |
| Pita Bread with Hummus | X | X | | | | | |
| Quinoa Pilaf | | X | | X | | | |
| Red Beans and Sausage | | | | | | | |
| Red Pepper Alfredo Sauce | X | X | | | | | |
| Refried Beans | | | | | | | |
| Rice Pilaf | | | | X | | | |
| Roasted Red Potatoes | | | | | | | |
| Rotini Pasta Salad | X | X | | | | | |
| Scalloped Potatoes | | X | | | | | |
| Sonoran Mexican Rice | | | | | | | |
| Spinach Salad | | X | | X | | | |
| Spring Mix Salad | | X | | X | | | |
| Steamed Fresh Vegetables | | X | | X | | | |
| Steamed Green Beans Amandine | | X | | X | | | |
| Sweet Coconut Rice | | | | X | | | |
| Tangy Cole Slaw | | X | | | X | | |
| Tempura Vegetables | X | | | | | | |
| Tender Farfalle Pasta Parmesan | X | X | | | | | |
| Thai Cucumber Salad | | | | | | | |
| Thai Green Salad | | | | | | | |
| Tortilla Chips and Salsa | | | | | | | |
| Tossed Green Salad | X | | | | | | |
| Tri Colored Roasted Potatoes | | | | | | | |
| Turkey Gravy | X | X | | | | | |
| Venetian Cream Sauce | X | X | | | | | |
| Watermelon Wedges | | | | | | | |
| White Rice | | | | | | | |