Bekker's Catering Entrees :: Allergen Info

	Gluten	Dairy	Peanuts	Tree Nuts	Eggs	Fish	Shellfish
1/2-Pound Beef Burgers (no bun)		1 '			00-	-	
Albondigas de La Mancha	Х	Х					
Baked Ham							
Banderillas de Barcelona		Х					
BBQ Beef Sandwiches	Х					Х	
BBQ Beef (no sauce)							
BBQ Chicken (no sauce)							
BBQ Pulled Pork (no sauce)							
BBQ Pulled Pork Sandwiches	Х					Х	
BBQ Spareribs (no sauce)							
BBQ Tri-Tip (no sauce)							
Beautiful Display of Deli Breads	Х						
Beef or Chicken and Vegetable Souvlaki							
Beef Teriyaki Strips	Х			 			
Blackened Catfish	<u>'`</u>	Х	1	 	 	Х	
Broccoli Beef	Х	<u> </u> `					
Cajun Style Chicken							
Carne Asada							
Cashew Chicken	Х			Х			
Cedar Planked Salmon	, , , , , , , , , , , , , , , , , , ,	Х				Х	
Charbroiled Chicken Breast		^				Λ	
Charbroiled Chicken Breast (no sauce)							
Cheese Ravioli with Venetian Cream Sau	V	Х					
Chicken and Vegetable Paella	^	^					
Chicken Breast Strips (in Sauce)		Х					
Chicken Breast Strips in Peanut Sauce	Х	^	Х				
·	X	Х	^				
Chicken Breasts in Mushroom Cabernet	^	X					
Chicken Cacciatore		^					
Chicken Fajitas							
Chicken Parmesan (Fried)	Х	Х			Х		
	^	X			^		
Chicken Parmesan (Not Breaded) Chicken Picatta		X					
Chicken Pot Pie	X	X					
Chicken Salad Croissant Sandwich	X	X					
Chicken Satay (in Peanut Sauce)	^	^	x				
Chicken Schnitzel	X		^				
Chili Rubbed Tri Tip	^	1	1				
Choice Charbroiled Ribeye Steaks	-	1	1	-	-	1	
·	V	1	1	X	-	Х	
Coconut Encrusted Tilapia w/ Mango Sal	X	Х		^		^	-
Cocque au Vin Cotelettes de Porc Normande	^	X	1	-	-	1	
	X	<u> ^</u>					
Cucumber Finger Sandwiches	X				v		
Egg Salad Finger Sandwiches	۸				Х		
Famous Pork Carnitas	1						
Fire Roasted Guinea Fowl (Chicken)							

Bekker's Catering Entrees :: Allergen Info

	Gluten	Dairy	Peanuts	Tree Nuts	Eggs	Fish	Shellfish
Five Tender Deli Meats	Х						
Fresh Mahi Mahi with Mango Salsa						Х	
Fresh Salmon		Х				Х	
Garlic-Rub Tri Tip							
German Style Pork Roast w/ Apple Sauc	e	Х					
Greek Yogurt Tartar Sauce		Х					
Gyros Bar	Х	Х					
Hawaiian Style Baby Back Ribs							
Hawaiian Style Smoked Pork Ribs							
Herb Encrusted Tri Tip							
Homemade Cheese Enchiladas		Х					
Homemade Hearty Beef Chili	Х						
Horseradish Sauce		Х					
Hot Lean Corned Beef							
Icy Gazpacho							
Irish Beef Stew with Vegetables	Х	Х					
Jamaican Jerk Chicken							
Jamaican Style Pork							
Jerk Sauce							
Jumbo All Beef Hot Dogs (no bun)							
Kalua Pork (no sauce)							
Kilimanjaro Curried Chicken				Х			
Lasagna - Meat or Vegetarian	Х	Х					
Lemon Pepper Chicken							
Lobster Ravioli in Seafood Bisque	Х	Х			Х	Х	Х
Masai Mara Beef Stew							
Old Fashioned, Homemade Meatloaf	Х	Х			Х		
Penne Pasta with	Х	Х					
Plump Bavarian Bratwurst							
Pollo Asada							
Pollo Mole	Х		Х				
Polynesian BBQ Chicken (no sauce)							
Polynesian Shrimp Kabobs	Х						Х
Pork Schnitzel	Х						
Prime Rib au Jus							
Rich Marinara Sauce and Italian Meatba	I X						
Roast Beef & Tomato Croissant Sandwic	ΙX	Х					
Roast Beef au jus							
Roast Chicken							
Roast Turkey							
Roast Wildebeest (Beef)							
Sandwich Trimmings							
Sauerbraten: German Beef Stew							
Sautéed Chicken Breast in Garlic Butter	Х	Х					
Seafood and Chicken Paella						Х	Х
Served over a bed of Penne Pasta	Х	Х					

Bekker's Catering Entrees :: Allergen Info

	Gluten	Dairy	Peanuts	Tree Nuts	Eggs	Fish	Shellfish
Shredded Beef Taco Meat	Х						
Sliced Turkey & Cheese Croissant Sandw	Х	Х					
Sloppy Joe Sandwiches	Х					Х	
Smoked Beef & Ham Carving Station	Χ						
Smoked Salmon Finger Sandwiches	Χ					Χ	
Smoked Warthog (Pork)							
Southern Style Pork Spareribs							
Special Shrimp and Vegetable Stir Fry	Χ						Х
Tangy Lemon Dill Chicken							
Tender Braised Beef in Teriyaki Sauce	Χ						
Tender Teriyaki Chicken Breast Strips	Χ						
Tequila Lime Chipotle Cream Sauce		Χ					
Teriyaki Beef or Chicken	Χ						
Thai Pasta in Spicy Peanut Sauce	Χ		Х				
Thai Pork Curry	Χ			Х			
Three Selections of Sliced Cheeses		Χ					
Traditional Fresh Steamed Cabbage							
Tri Tip au jus							
Tuna Salad Finger Sandwiches	Χ	Χ				Χ	
Turkey Gravy	Χ	Х					
Veal Cutlets	Χ						
Veggie Burgers	Χ	Χ					
Whole Luau Pig							